

Craftholic Kung Fu Run HK 2019

29 September 2019, Sunday. Temperature : 26C ~ 32C, Humidity : 60% ~ 90%

10KM Individual Run: Female aged 16-29

Position	BIB	姓名	Name	Official Time
1	1193		Wong Mei yan	0:44:09
2	1191	陳綽霖	Cheuk Lam Jacqueline Chan	0:58:21
3	1189	伍芷筠	Ng Tsz Kwan	1:01:14

10KM Individual Run: Female aged 30-44

Position	BIB	姓名	Name	Official Time
1	1286		Mumford Amy	0:42:06
2	1281	黃婉婷	WONG YUEN TING	0:44:59
3	1231		SIU Emily	0:45:25

10KM Individual Run: Female aged 45 or above

Position	BIB	姓名	Name	Official Time
1	1330	黃曉暉	Wong Hiu Fai	0:51:08
2	1307	張慈婷	Cheung Chi Ting	0:51:13
3	1325	姚淑雲	Yiu Suk Wan Mandy	0:52:46

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10KM Individual Run: Male aged 16-29

Position	BIB	姓名	Name	Official Time
1	1027		Wong Wai Chung nestor	0:36:54
2	1024	何卓軒	Ho Cheuk Hin	0:39:34
3	1020	梁維恩	Leung Wai Yan	0:42:52

10KM Individual Run: Male aged 30-44

Position	BIB	姓名	Name	Official Time
1	1102		Wood Gary	0:45:07
2	1069	劉國樑	Lau Kwok leung	0:46:00
3	1098		LAU KING YEUNG	0:47:45

10KM Individual Run: Male aged 45 or above

Position	BIB	姓名	Name	Official Time
1	1123	潘振聲	POON CHUN SING	0:40:18
2	1115	盧偉立	LO WAI LAP	0:42:21
3	1109	劉家樂	LAU KA LOK	0:43:19

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5KM Individual Run: Male aged 13-29

Position	BIB	姓名	Name	Official Time
1	3064		chu ho ting	0:20:25
2	3006		CHOI WA KIT	0:22:20
3	3001	蘇冠濤	So Kwun Ho	0:29:04

5KM Individual Run: Male aged 30-44

Position	BIB	姓名	Name	Official Time
1	3068		Lau Yiu Lun	0:23:13
2	3029		Wong Ka Chun	0:23:37
3	3039	莊鵬程	CHONG PANG CHING	0:24:06

5KM Individual Run: Male aged 45 or above

Position	BIB	姓名	Name	Official Time
1	3053		WONG TAI CHUN MARK	0:23:54
2	3059	盧永漢	Lo Wing Hon	0:27:46
3	3051	蘇瑞聲	So Shui Sing	0:30:30

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5KM Individual Run: Female aged 13-29

Position	BIB	姓名	Name	Official Time
1	5032	葉佩盈	Ip Pui ying	0:28:57
2	5033		Ho Ka Wun Karen	0:29:50
3	5044		Shum Yan Yi	0:30:49

5KM Individual Run: Female aged 30-44

Position	BIB	姓名	Name	Official Time
1	5254		CHUNG YUK LING	0:24:57
2	5184	鄭寶珊	CHEANG POU SAN	0:25:15
3	5204		Chiu Wing Man	0:27:15

5KM Individual Run: Female aged 45 or above

Position	BIB	姓名	Name	Official Time
1	5275		Leung Gloria	0:25:42
2	5284	譚美蘭	Tam Mei Lan	0:26:42
3	5287	周淑雲	CHOW SHUK WAN	0:27:59